

VICTORIA GARDENS LTC MENU SPRING/SUMMER 2026							WEEK 3	
BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
	May-25, Jun-15, Jul- 6, Jul-27, Aug-17, sep-7, Sep-28, Oct-19, Nov-9	May-26, Jun-16, Jul-7, Jul-28, Aug-18, Sep-8, Sep-29, Oct-20, Nov-10	May-27, Jun-17, Jul-8, Jul- 29, Aug-19, Sep-9, Sep-30, Oct-21, Nov-11	May-28, Jun-18, Jul-9, Jul-31, Aug-21, Sep-10, Oct-2, Oct-22, Nov-12	May-29, Jun-19, Jul-10, Jul-31, Aug-21, Sep-11, Oct-2, Oct-23, Nov-13	May-30, Jun-20, Jul-11, Aug-1, Aug 22, Sep-12, Oct-3, Oct 24, Nov-14	May-31, Jun-21, Jul-12, Aug-2, Aug-23, Sep-13, Oct-4, Oct-25, Nov-15	
	Apple Juice Oatmeal Cereal Boiled Egg Whole Wheat Toast Banana Half OR Variety of Cold Cereals Peanut Butter White Toast	Orange Juice Cream of Wheat Cereal Scrambled Eggs Sliced Bacon Whole Wheat Toast Banana Half OR Variety of Cold Cereals Peanut Butter White Toast	Cranberry Juice Cinnamon Oatmeal Poached Eggs Whole Wheat Toast Fresh Fruit OR Variety of Cold Cereals Peanut Butter White Toast	Apple Juice Oatmeal Cereal Boiled Egg Whole Wheat Toast Banana Half OR Variety of Cold Cereals Peanut Butter White Toast	Orange Juice Cream of Wheat Cereal Poached Egg Whole Wheat Toast Fresh Fruit OR Variety of Cold Cereals Peanut Butter White Toast	Cranberry Juice Cinnamon Oatmeal Boiled Egg Whole Wheat Toast Banana Half OR Variety of Cold Cereals Peanut Butter Toasted English Muffin	Apple Juice Cream of Wheat Cereal Scrambled Eggs Sliced Bacon Whole Wheat Toast Banana Half OR Variety of Cold Cereals Peanut Butter White Toast	
	AM	Peach Drink	Watermelon Drink	Pear Drink	Fruit Punch	Apple Drink	Raspberry Drink	Lemonade Drink
LUNCH	Beef Barley Soup Perogies Potato & Cheese w/ Bacon & Onions Pick of the Day Vegetable Blend Deluxe Fruit Salad OR Sliced Turkey on Rye Dill Pickle Spears Tossed Salad w/ Ranch Dressing Iced Banana Cake	Cauliflower & Cheese Soup Pemeal Bacon on Bun Tomato & Cheese Garnish Tomato & Arugula Salad w/ Balsamic Dressing Diced Peaches OR Shredded Chicken Sandwich Tomato & Arugula Salad w/ Balsamic Dressing Orange Sorbet	Tomato Soup Cottage Cheese & Fruit Plate Orange Cranberry Muffin Stewed Rhubarb OR Chicken Caesar Salad Mini Croissant Butterscotch Pudding	Cream of Broccoli Soup Cheese Tortellini w/ Tomato Pesto Parslied Cauliflower Fresh Grapes OR Sliced Ham Plate Chickpea Salad Dinner Roll Date Square	Split Pea & Ham Soup Hamburger on Bun Onion & Tomato Garnish Seasoned Corn Watermelon OR Pulled Pork on Bun Seasoned Corn Peach Jello w/ Whipped Topping	Chicken Rice Soup Chicken Burger w/ Mayo Garnish Spring Mix Salad w/ Poppy dressing Pineapple Tidbit OR Egg Salad Plate Beets & Onion Salad Dinner Roll Lemon Tart	Cream of Potato & Leek Soup Fish and Chips Tartar Sauce Coleslaw Vinaigrette Honeydew Melon OR Cheese Lettuce Tomato on Croissant Four Bean Salad Strawberry Mousse Cake	
	PM	Pear Drink Blueberry Turnover Cookie	Grape Drink Assorted Wafer	Iced Tea Drink Assorted Danish	Lemonade Drink Cherry Turnover Cookie	Peach Drink Shortbread Swirl Cookie	Passion Fruit Drink Nutri-Grain Bar	Fruit Punch Drink Digestive Cookie
	DINNER	Spaghetti & Meatballs Garlic Bread Italian Mixed Veg Apple Crisp OR Baked Pork Chop Mashed Potatoes Broccoli Florets Mandarin Oranges	Sweet & Sour Chicken Balls Fried Rice Oriental Mix Veg Vanilla Caramel Swirl Cake OR BBQ Pork Ribs Herb Potato Wedges Garlic Butter Corn Apricot Halves	Shepherd's Pie Sunrise Vegetable Mix Orange Cake OR Baked Cod Fillet w/Lemon Wedge Mashed Potatoes Cocktail Vegetables Pineapple Tidbit	Meat Lasagna Garlic Bread Caesar Salad French Cream Cheesecake OR Crunchy Fried Chicken Potato Wedges Seasoned Green Beans Mango	Salmon in Dill Sauce Scalloped Potatoes Diced Squash Chocolate Ice Cream Bar OR Turkey Stir-fry Scalloped Potatoes Pick of the Day Vegetable Blend Diced Peach	Korean BBQ Beef Ribettes Boiled Red Potatoes Bistro Mix Vegetables Triple Chocolate Cake OR Baked Chicken with Chalet Dipping Sauce Boiled Red Potatoes Sauteed Peppers & Onions Apple Slices	Pork Roast w/ Gravy Mashed Potatoes Sliced Carrots Coconut Cream Pie OR Veal Parmesan Mashed Potatoes California Mix Vegetables Deluxe Fruit Salad
		HS	Mini Brownie Milk 2%	Peanut Butter & Jam Snack Sandwich on WW Milk 2%	Banana Loaf & Cheddar Cheese Milk 2%	Cheese Snack Sandwich on WW Milk 2%	Mini Pancake Milk 2%	Bran loaf w/ cream cheese Milk 2%



Bread, margarine and/or crackers offered at lunch and dinner. Offer both Vegetable choices at both Lunch and Dinner and fruit as first choice of dessert at all meals as part of CFG
Coffee, tea, water (250ml) and milk offered at each meal. If resident chooses not to drink milk, offer Juice. (Total milk offered daily = 1 Liter)

