

VICTORIA GARDENS LTC MENU SPRING/SUMMER 2026							WEEK 1	
BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
	May-11, Jun-1, Jun-22, Jul-13, Aug-3, Aug-24, Sep-14, Oct-5, Oct-26	May-12, Jun-2, Jun-23, Jul-14, Aug-4, Aug-25, Sep-15, Oct-6, Oct-27	May-13, Jun-3, Jun-24, Jul-15, Aug-5, Aug-26, Sep-16, Oct-7, Oct-28	May-14, Jun-4, Jun-25, Jul-16, Aug-6, Aug-27, Sep-17, Oct-8, Oct-29	May-15, Jun-5, Jun-26, Jul-17, Aug-7, Aug-28, Sep-18, Oct-9, Oct-30	May-16, Jun-6, Jun-27, Jul-18, Aug-8, Aug-29, Sep-19, Oct-10, Oct-31	May-17, Jun-7, Jun-28, Jul-19, Aug-9, Aug-30, Sep-20, Oct-11, Nov-1	
	Orange Juice Oatmeal Cereal Boiled Egg Whole Wheat Toast Banana Half OR Variety of Cold Cereals Peanut Butter White Toast	Cranberry Juice Cream of Wheat Cereal Scrambled Eggs Sliced Bacon Whole Wheat Toast Banana Half OR Variety of Cold Cereals Peanut Butter White Toast	Apple Juice Cinnamon Oatmeal Poached Eggs Whole Wheat Toast Fresh Fruit OR Variety of Cold Cereals Peanut Butter White Toast	Orange Juice Oatmeal Cereal Boiled Egg Whole Wheat Toast Banana Half OR Variety of Cold Cereals Peanut Butter White Toast	Cranberry Juice Cream of Wheat Cereal Poached Egg Whole Wheat Toast Fresh Fruit OR Variety of Cold Cereals Peanut Butter White Toast	Apple Juice Cinnamon Oatmeal Boiled Egg Whole Wheat Toast Banana Half OR Variety of Cold Cereals Peanut Butter Toasted English Muffin	Orange Juice Cream of Wheat Cereal Scrambled Eggs Sliced Bacon Whole Wheat Toast Banana Half OR Variety of Cold Cereals Peanut Butter White Toast	
	AM	Fruit Punch	Peach Drink	Lemonade Drink	Raspberry Drink	Peach Drink	Passion Fruit	Grape Drink
LUNCH	Florentine Vegetable Soup Turkey Pot Pie Mexican Mix Vegetables Buttered Bread Apple Slices OR Mini Submarine Sandwich Greek Salad Portuguese Tart	Beef & Barley Soup Perogies w/ Bacon & Onions Garden Salad w/ French Dressing Fresh Cantaloupe OR Chicken Salad Sandwich Garden Salad w/ French Dressing Butterscotch Ice Cream	Chicken Corn Chowder Soup English Style Battered Pollock French Fries Vinegarette Coleslaw Fresh Grapes OR Roast Beef & Swiss Cheese Sandwich Vinegarette Coleslaw Cherry Jello w/ Whipped topping	Split Pea & Ham Soup Country Sausage Pancakes with Syrup Hot Fruit Compote (Pineapple, Pear, Mandarin orange) Diced Peaches OR Chicken Caesar Salad Dinner Roll Strawberry Mousse	Cream of Potato Leek Soup BBQ Hamburger on Bun Grilled Vegetables Fresh Watermelon OR Honey Garlic Sausage on Bun Grilled Vegetables Ice Cream Sandwich	Chicken Noodle Soup Egg Salad Plate Beets & Onion Salad Mini Croissant Mandarin Orange OR Mac & Cheese Stewed Tomatoes Chocolate Pudding	Cream of Cauliflower Soup Sloppe Joe on Bun Creamy Coleslaw Deluxe Fruit Salad OR Tuna & Macaroni Salad Plate Dinner Roll Vanilla Chocolate Ice Cream Bar	
	PM	Pear Drink Maple Cream Cookie	Iced Tea Drink Shortbread Swirl Cookie	Fruit Punch Chocolate Chip Cookie	Grape Drink Maxi Date Cookie	Cherry Drink Oatmeal raisin cookies	Apple Drink Assorted Wafer Cookies	Pink Lemonade Blueberry Turnover
	DINNER	Pork Stew Tea Biscuit Bistro Mix Veg Apple Crisp OR Chicken Souvlaki w/ Tzatziki Sauce Ride Pilaf Pepper & Onion Mix Diced Pear	Pork Chops & Mushroom Sauce Oven Browned Potatoes Butternut Squash Banana Cream Pie OR Herb Baked Fish Oven Browned Potatoes Sauteed Spinach Pineapple Tidbit	Shepherd's Pie Cauliflower Floret Vanilla Ice Cream OR Turkey Cutlet Mashed Potatoes Sliced Carrots Apricots	Spaghetti & Meatballs Italian Mix Vegetables Garlic Bread Citrus Orange Cake OR Pineapple Ham Mashed Potatoes Green Beans Apple Slices	Montreal Spiced Chicken Thigh with Gravy Herb Baked Potatoes Green Peas Cherry Cheesecake OR Lemon & Pepper Fish Fillet Herb Baked Potatoes Winter Mix Vegetables Mango	Oven Baked Meatloaf with Gravy Mashed Potatoes California Vegetable Mix Iced Red Velvet Cake OR BBQ Pork Ribs Mashed Potatoes Seasoned Corn Strawberries	Roast Turkey with Gravy Scalloped Potatoes Sunrise Mix Vegetables Apple Pie OR Pork Medallion Scalloped Potatoes Asian Mix Vegetables Diced Pear
		HS	Assorted Sandwich Milk 2%	Peanut Butter Snack Sandwich Milk 2%	Cheese & Crackers Milk 2%	Blueberry Loaf w/ Cream Cheese Milk 2%	Mini Pancake Milk 2%	Pineapple Loaf & Cream Cheese Milk 2%

Bread, margarine and/or crackers offered at lunch and dinner. Offer both Vegetable choices at both Lunch and Dinner and fruit as first choice of dessert at all meals as part of CFG
Coffee, tea, water (250ml) and milk offered at each meal and nourishment. If resident chooses not to drink milk, offer 100% fruit juice. (Total milk offered daily = 1 Liter)